

How **age friendly** is my community?

The factors that make a place desirable to work and live in can change as people get older.

Many people remain active into older age however others experience poverty, health problems and isolation. Lack of services and poor design of neighbourhoods can sometimes lead to older people being cut off within communities. It is vital that the needs of older people are considered in a community to ensure everyone enjoys health, wellbeing and quality of life.

Age Concern Cymru and Help the Aged in Wales, as part of the Towards Common Ground Campaign, believes more could be done to ensure that communities in Wales are suitable for people of all ages.

1

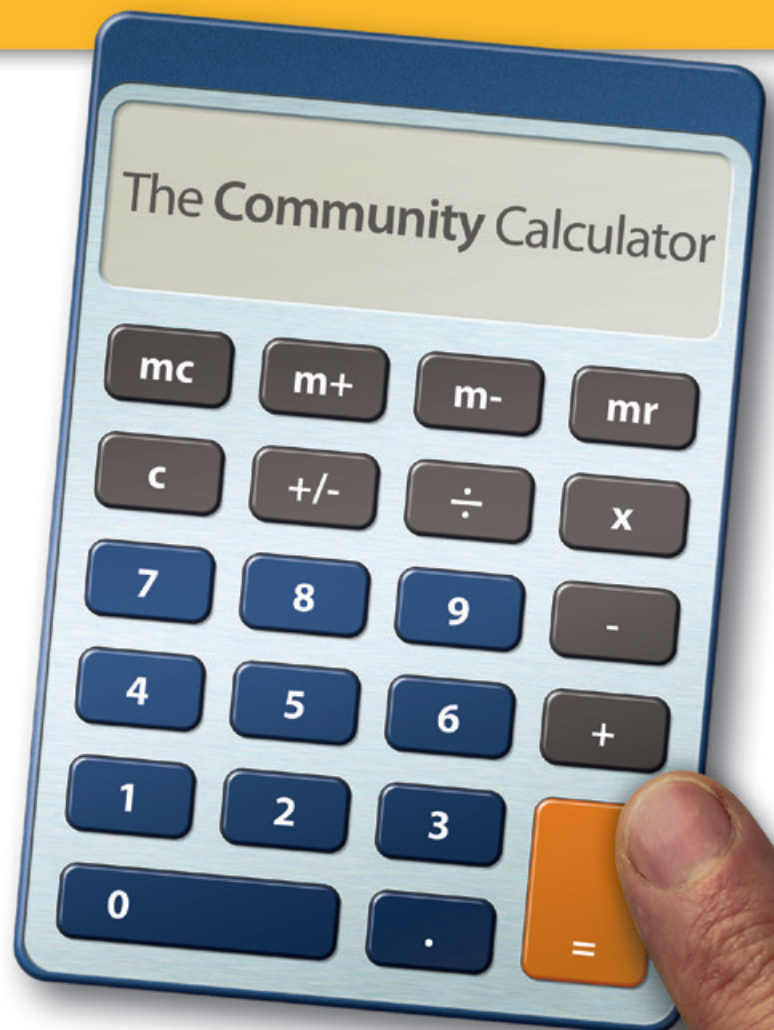
Fill in the Community Calculator overleaf to help us tell your local authority what improvements and maintenance are needed to make your community age friendly.

2

Please rate each factor out of ten on the next page. The higher the score you give, the closer your community is to being suitable for people of all ages. The lower the rating you give each factor, the more your local authority needs to do to make it age friendly.

3

You can define the area of your community as you wish. For example it could be your village, suburb, town or city.



The Community Calculator

The name of my community is: _____

My local authority is: _____

My postcode is: _____

Give your community a rating out of 10 for each factor below. From 1, which is very bad or difficult, to 10, which is excellent or very easy.

Factors of an age friendly community

Rating

Please comment or give suggestions

1. Local amenities

How easy is it for you to find local amenities, e.g. shops, supermarkets, doctors surgeries and banks in your community within a reasonable distance of your home?

10

2. Public transport

How good is the choice and quality of public transport including community transport and the provision of routes in your community?

10

3. Public seating and places to rest

How good is the availability and quality of public seating in your community, especially in the main centre, bus stops and parks?

10

4. Public toilets

How good is the access to public toilets in your local area? Are they safe and of a high standard?

10

5. Pavements

How well kept are the pavements in your community? To what extent do they reduce the risk of falls and enable wheelchairs and mobility scooters to move freely?

10

6. Neighbourhood safety

How well kept and safe are the streets within your community? How good is the police presence, the provision of lighting and the level of traffic?

10

The Community Calculator

Factors of an age friendly community	Rating	Please comment or give suggestions
7. Places to meet How good are places to meet, spend time, exercise and learn such as a park, leisure centre, community centre or village hall?	<u>10</u>	
8. Information and advice How easy is it to access information and advice in your community, for example from the council, library or voluntary organisation?	<u>10</u>	
9. Your home How accessible is your home and homes in your area? How easy could they be adapted and repaired to meet people's needs as they grow older?	<u>10</u>	
10. Your voice How much do you think your opinion is taken on board in community decisions and plans? To what extent do you feel that the opinions of older people are considered by the local authority?	<u>10</u>	
What total score did your community get? Get the total score by adding up the rating out of 10 that you gave each factor.	<u>100</u>	
Have we forgotten to mention something? Do you have further comments to add?		

To find out what your results mean, please send this Community Calculator back to us at the address overleaf.

Thank you for filling in this Community Calculator. Please send your completed calculator to:

Campaigns Team, Age Concern Cymru and Help the Aged in Wales,
Tŷ John Pathy, 13/14 Neptune Court, Vanguard Way, Cardiff CF24 5PJ
Telephone: 029 2043 1571

Email: communitycalculator@agecymru.org.uk

If you know of anyone else who would like to fill in the Community Calculator, please let us know.

Would you like to campaign to improve your community? There are campaign factsheets available detailing how you can go about making changes within your community. Please tick which you would like to receive.

1. Local amenities

6. Safe neighbourhoods

2. Public transport

7. Places to meet

3. Public seating and places to rest

8. Information and advice

4. Public toilets

9. Your home

5. Pavements

10. Your voice

If you would like factsheets and information about your results, please enter your details below.

Name: _____

Address: _____

Telephone: _____

Email: _____

If you would like to know more about our work, or would like to donate to us please tick here

Your contact details will not be passed on to third parties and will remain within the use of Age Concern Cymru and Help the Aged in Wales. If you do not want to be contacted by us in the future please tick here

From Spring 2010, we will be known as Age Cymru

Age Concern Cymru and Help the Aged in Wales have joined together to form a single new charity (reg. no.1128436) dedicated to improving the lives of older people.

Age Concern Cymru and Help the Aged in Wales
Tŷ John Pathy, 13/14 Neptune Court, Vanguard Way, Cardiff, CF24 5PJ

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